

MOUNTAIN ADVENTURE EXPEDITION

5 Days Mount Meru Climbing

Travel Hype Adventures • July 25, 2026

FROM

USD 1,500

Per person

DURATION

**5 Days / 4
Nights**

TRIP STYLE

**Private safari,
mid-range to
luxury**

Professionally
guided excursions

KEY DESTINATIONS

**Mount Meru,
Arusha**

Explore Tanzania's
stunning
landscapes

BEST FOR

**Adventure
Seekers**

Perfect for outdoor
enthusiasts

Overview

Embark on an unforgettable adventure with our 5 Days Mount Meru Climbing package. This professionally guided trek offers you a chance to ascend the beautiful Mount Meru, an ideal peak for avid climbers and nature enthusiasts alike. Over the course of five days, you'll enjoy breathtaking views, diverse ecosystems, and the thrill of summiting one of Tanzania's most stunning mountains. The itinerary is designed to ensure a safe and enjoyable experience while allowing you to take in the natural beauty and rich culture of the region. Join us for this incredible mountain climbing journey!

Highlights

- Experience stunning views from the summit.
 - Enjoy expertly guided climbs with safety in mind.
 - Explore diverse ecosystems on Mount Meru.
 - Capture breathtaking photographs throughout the trek.
 - Participate in cultural interactions with local communities.
- Benefit from mid-range to luxury accommodation options.
 - Savor meals prepared by experienced chefs during the climb.
 - Witness unique wildlife throughout the journey.
 - Complete the challenge of one of Tanzania's iconic peaks.

Inclusions & Exclusions

INCLUSIONS	EXCLUSIONS
• All park fees are included. • Professional mountain guides will lead the ascent. • Mid-range to luxury accommodation is provided. • All meals during the trek are included. • Transportation to and from the mountain is arranged. • Necessary climbing gear can be rented or provided.	• International flights are not included. • Personal climbing gear is not included unless specified. • Travel insurance is not included. • Tips for guides and support staff are expected. • Any personal expenses are excluded.

Itinerary

Day 1 Arrive in Arusha, where you will be greeted and transferred to your accommodation. Spend the day relaxing and preparing for your ascent. You will receive a detailed briefing on your trek and have the opportunity to check your equipment. Take in the vibrant atmosphere of Arusha as you enjoy your evening at leisure.	Arrival in Arusha Meals: Breakfast
Day 2 After breakfast, depart Arusha and travel to the Mount Meru trailhead. Begin your trek through lush forests, where you can enjoy sightings of diverse wildlife and exotic flora. As you ascend, stunning views of the surrounding landscape will unfold. Arrive at Miriakamba Hut to settle in for the night, relishing the tranquility of nature and camaraderie of fellow climbers.	Trekking to Miriakamba Hut Meals: Breakfast, Lunch, Dinner
Day 3	Ascend to Saddle Hut Meals: Breakfast, Lunch, Dinner

Today's journey takes you to Saddle Hut, nestled between Mount Meru's peaks. This section features varied terrain where you may encounter wildlife. Enjoy a leisurely lunch while soaking in spectacular views of the crater and snow-capped peaks. After a rewarding day of climbing, settle in for a restful night at Saddle Hut, gearing up for the summit challenge ahead.

Day 4

Summit Day

Meals: Breakfast, Lunch, Dinner

Prepare for an exhilarating summit attempt! Rise early and enjoy a pre-dawn breakfast before embarking on the final ascent to Mount Meru's summit. The breathtaking panoramic views at sunrise reward your efforts as you reach the peak. Spend some time taking in the scenery and capturing that perfect photo before beginning your descent back to Saddle Hut, basking in your accomplishment.

Day 5

Descent and Departure

Meals: Breakfast

After a hearty breakfast, begin your descent back to the starting point while reflecting on the incredible experience. As you trek through the lush rainforest, you can appreciate the beauty of nature one last time. Upon returning to the base, you will be transferred back to Arusha. Enjoy the remainder of your day at leisure, celebrating your remarkable journey up Mount Meru.

FAQs

What fitness level is required for this trek?

This trek requires a moderate fitness level. Participants should feel comfortable with hiking several hours each day and prepare for altitude changes. While some prior hiking experience is beneficial, it is not mandatory.

Do I need to bring my own climbing gear?

No, essential climbing gear such as ropes and harnesses are provided for the trek. However, it is recommended to bring personal clothing and general trekking gear. Certain items may be available for rental.

What are the accommodation arrangements during the climb?

Accommodation during the trek includes comfortable huts. You will stay in shared huts with basic facilities, providing a cozy shelter after a day of climbing. The accommodations offer essential amenities to ensure you're rested and ready for the next day.

What meals are included in the package?

All meals during the trek are included in this package. Our professional chefs prepare a variety of nutritious meals designed to provide the energy needed for climbing. Enjoy a delightful mix of local and international dishes.

Is travel insurance necessary for this trek?

Yes, securing travel insurance that covers trekking and climbing activities, including emergency evacuation, is highly recommended. It ensures that you are fully protected against any unexpected circumstances during your adventure.

Start Planning This Trip

Prepared by Travel Hype Adventures. Use the link or QR code to open the latest package page, then send an inquiry or request a custom quote.

Package Link: <https://travelhype.co.tz/packages/5-days-mount-meru-climbing/>



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